

Aging Parent Emergency Information

Printable caregiver handoff for adult children and family helpers

Who this printable is for

For aging parents, adult children, spouses, nearby helpers, and trusted caregivers.

Emergency information to organize

- ☐ Emergency contacts and adult child or caregiver contacts
- ☐ Medications, allergies, doctors, specialists, and pharmacy
- ☐ High-level conditions, mobility, communication, hearing, and vision notes
- ☐ Equipment, supplies, and where key documents are kept
- ☐ Pointer to fuller records, labels, care plans, portals, and legal documents

Contacts and quick locations

Primary family contact:

Backup caregiver:

Doctor/pharmacy:

Key documents kept at:

Handoff notes

Use this sheet to help a trusted helper find current contacts, records, and support notes. Do not use it to interpret a care plan, give medical instructions, or explain legal authority.

Update reminder

Review after contact, medication, allergy, doctor, pharmacy, mobility, communication, equipment, living arrangement, or document-location changes.

Privacy and safety note

Organization only. Not medical advice or legal advice. Does not replace 911, EMS, clinicians, medical records, medication labels, care plans, facility records, patient portals, legal documents, POA documents, or professional guidance.

More free emergency sheets: YourEMR.net/free-emergency-face-sheet

Create a free emergency profile at YourEMR.net

QR opens YourEMR free resources, not a personal emergency profile.

