

Ambulance and EMS Information Sheet

YourEMR

Emergency contacts, identity details, and caregiver handoff notes

Printable emergency information

For: people living alone, caregivers, parents, older adults, and households that want emergency contacts and medical basics easy to find.

Quick information

Full name / preferred name:

Date of birth:

Home address:

Emergency contacts:

Preferred caregiver contact:

Backup local contact:

Doctor contacts:

Pharmacy:

Medical basics and notes

Current medications list:

Allergies and reactions if known:

High-level conditions:

Communication needs:

Mobility or sensory notes:

Equipment names / supplier contacts:

Device card or manual location:

Last updated date:

Checklist

- ☐ Visible copy is in the agreed location
- ☐ Medication and allergy lists are current
- ☐ Caregiver contact is easy to reach
- ☐ Equipment paperwork location is noted
- ☐ Home access notes protect privacy
- ☐ Printed and digital copies match

Handoff note

Use this sheet to organize information and contacts. It is not instructions to EMS and does not replace 911, EMS assessment, medical records, medical ID programs, or professional guidance.

More free emergency sheets: YourEMR.net/free-emergency-face-sheet

Create a free emergency profile at YourEMR.net

QR opens YourEMR free resources, not a personal emergency profile.

