

Autism / Nonverbal / Sensory Needs Emergency Face Sheet

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Emergency Link
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A respectful support-needs snapshot for communication, sensory, and safety information.

AUTISM COMMUNICATION AND SENSORY SUPPORT RESOURCE

Support needs, not assumptions

Use this sheet to describe what helps the person communicate and feel safe. Avoid language that frames support needs as behavior problems.

Person and emergency contacts

Full name	Preferred name	Date of birth
Preferred language	Last updated	Primary emergency contact
Relationship	Phone	Backup emergency contact
Relationship	Phone	Best way to reach caregiver

Communication style

Verbal / limited verbal / nonspeaking	AAC device or communication tool
Preferred communication method	Needs extra processing time
Caregiver who understands communication	Language / interpretation notes

Sensory and support notes

Sensory triggers	De-escalation / support strategies
Safe touch / personal space notes	Things that may be mistaken for noncompliance



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Current medications and allergies

Medication name	Dose	How often / when taken	Notes

Allergies and medication notes

Allergies / reactions

Medication access notes or clinician instructions to copy here

Safety and care context

Elopement risk

Seizure history if applicable

Primary doctor

Therapist / specialist

School / program contact

Preferred hospital

Information to share with responders

What helps the person cooperate or feel safe

What makes distress worse

Baseline behavior / movement / vocalization notes

Other support needs

