

# Caregiver Emergency Binder Face Sheet

Printable emergency information organizer for family caregivers

For family caregivers, care partners, and trusted helpers who need key information in one place.

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| <b>Emergency information to organize</b><br><input type="checkbox"/> Person and caregiver contacts<br><input type="checkbox"/> Doctors, pharmacy, and insurance<br><input type="checkbox"/> Medications and allergies<br><input type="checkbox"/> Daily support notes<br><input type="checkbox"/> Documents and where to find them | <b>Contacts and locations</b><br>Primary contact:<br><br>Backup contact:<br><br>Provider/pharmacy:<br><br>Where documents are kept:           |
| <b>Important notes for helpers</b><br>Communication, mobility, comfort, access, supply, and routine notes can be written here. Keep instructions consistent with the person's care plan and clinician guidance.                                                                                                                    | <b>Update reminder</b><br>Review this sheet after contact, medication, allergy, provider, school, caregiver, household, or care-plan changes. |

## Privacy and safety note

Share only with trusted caregivers or contacts. Store paper copies where they are easy to find but not publicly visible. This sheet can help organize emergency information; it is not medical, legal, custody, or child-care advice and does not replace emergency services, clinicians, patient portals, medical records, medication labels, or care plans.

