

# Co-Parent Emergency Information Sheet

Printable organizer for shared child emergency information

For co-parents and guardians keeping basic emergency information consistent across households.

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| <b>Emergency information to organize</b><br><input type="checkbox"/> Parent and guardian contacts<br><input type="checkbox"/> School, childcare, and pickup contacts<br><input type="checkbox"/> Allergies and medical information to share<br><input type="checkbox"/> Provider and pharmacy details<br><input type="checkbox"/> Document and update notes | <b>Contacts and locations</b><br>Primary contact:<br><br>Backup contact:<br><br>Provider/pharmacy:<br><br>Where documents are kept:           |
| <b>Important notes for helpers</b><br>Communication, mobility, comfort, access, supply, and routine notes can be written here. Keep instructions consistent with the person's care plan and clinician guidance.                                                                                                                                             | <b>Update reminder</b><br>Review this sheet after contact, medication, allergy, provider, school, caregiver, household, or care-plan changes. |

## Privacy and safety note

Share only with trusted caregivers or contacts. Store paper copies where they are easy to find but not publicly visible. This sheet can help organize emergency information; it is not medical, legal, custody, or child-care advice and does not replace emergency services, clinicians, patient portals, medical records, medication labels, or care plans.

