

Emergency Document Checklist

A free printable emergency document checklist for organizing medication lists, allergy lists, doctors, insurance cards, advance directive locations, device cards, discharge paperwork, and caregiver notes.

Core health docs

- ☐ Medication list _____
- ☐ Allergy list _____
- ☐ Doctor contacts _____
- ☐ Pharmacy information _____

Identity & insurance

- ☐ Insurance cards _____
- ☐ ID / card locations _____
- ☐ Emergency contacts _____
- ☐ Caregiver contacts _____

Care & legal locations

- ☐ Care plan location _____
- ☐ Advance directive location _____
- ☐ Discharge paperwork _____
- ☐ Device cards / manuals _____

Backup copies

- ☐ Emergency binder _____
- ☐ Go-bag copy _____
- ☐ Digital backup location _____
- ☐ Last updated by / date _____

Important note

Organization only. Not legal advice or medical advice. Does not replace legal documents, medical records, care plans, medication labels, device manuals, or professional guidance.

