

Glove Box Emergency Information

Keep a vehicle backup for emergency contacts, medication/allergy list locations, travel contacts, doctor/pharmacy contacts, and document locations.

Travel contacts

Person name

Emergency contact 1

Emergency contact 2

Travel companion

Caregiver contact

Preferred contact order

Medical basics

Medication list location

Allergy list location

Important conditions

Doctor / clinic

Pharmacy

Medical ID location

Vehicle folder notes

Emergency folder

Travel documents

Insurance card location

Medical go-bag

Full record location

Last updated date

Glove box handoff

Who can confirm details

Where fuller info lives

Privacy notes

Remove outdated copies

Do not include door codes

Update reminder

Important note

Organization and preparedness only. Not medical, legal, vehicle safety, or emergency-response advice. Does not replace 911, EMS, clinicians, medication labels, medical records, medical IDs, care plans, or professional guidance.

More free emergency sheets: YourEMR.net/free-emergency-face-sheet

Create a free emergency profile at YourEMR.net

QR opens YourEMR free resources, not a personal emergency profile.

