

Home Emergency Information Folder

Build a household folder for emergency contacts, medications, allergies, doctors, pharmacy, insurance basics, equipment notes, and document locations.

Contacts and care team

Emergency contact 1

Emergency contact 2

Caregiver contact

Doctor / specialist

Pharmacy

Home health / facility

Medical and supply basics

Medication list

Allergy list

Medical equipment

Supply contacts

Insurance basics

Patient portal / YourEMR

Important documents

Care plan location

Discharge papers

Advance directive

Legal document location

Device manuals

Other folder sections

Folder review notes

Who can confirm details

Private section

Visible copy location

Go-bag copy

Trusted family copy

Last updated date

Important note

Organization and preparedness only. Not medical or legal advice. Does not replace 911, EMS, clinicians, medication labels, medical records, care plans, discharge instructions, patient portals, legal documents, or professional guidance.

More free emergency sheets: YourEMR.net/free-emergency-face-sheet

Create a free emergency profile at YourEMR.net

QR opens YourEMR free resources, not a personal emergency profile.

