

Older Adult Living Alone Emergency Face Sheet

**YourEMR QR /
Emergency Link**

Add QR code or link here

For the moments when the person who knows the history is not nearby.

OLDER ADULT LIVING ALONE EMERGENCY RESOURCE

When history is hard to give

Use this sheet to make contacts, home access, baseline, and medical details easier to find if the person is alone during an emergency.

Person and emergency contacts

Full name	Preferred name	Date of birth
Preferred language	Last updated	Primary emergency contact
Relationship	Phone	Backup emergency contact
Relationship	Phone	Best way to reach caregiver

Medical and legal context

Primary doctor	Specialist
Preferred hospital	Pharmacy
Key medical history	Recent surgeries / hospitalizations
Advance directive location	POA / health care proxy contact

Home and safety notes

Home access notes 	Neighbor / key holder contact
Pets at home 	Mobility / fall risk notes



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Current medications and allergies

Medication name	Dose	How often / when taken	Notes

Allergies and medication notes

Allergies / reactions

Medication access notes or clinician instructions to copy here

Support network and baseline needs

Adult child / family contact

Home care agency

Hearing / vision needs

Neighbor contact

Transportation support

Assistive devices

Information to share with responders

Typical baseline / usual independence level

Cognitive or communication notes

Important home hazards or equipment

Other information to share

