

Primary Care Emergency Information Sheet

Primary care, specialists, medications, allergies, and emergency contacts

Use this printable to write down emergency information before it is needed.

Keep the current copy with a caregiver binder, refrigerator packet, go-bag, discharge folder, or other trusted handoff location.

Core contacts

- ☐ Patient name / date of birth / preferred contact
- ☐ Primary care clinician and clinic contact
- ☐ Key specialists and pharmacy
- ☐ Emergency contact and caregiver contact
- ☐ Insurance and preferred hospital, if the family wants to share it

Information to organize

- ☐ Medication list and prescribing clinicians
- ☐ Allergies, reactions, and pharmacy notes
- ☐ Major conditions, surgeries, devices, or equipment to mention
- ☐ Communication, mobility, sensory, or caregiver notes
- ☐ Where advance directive, care plan, or other paperwork is kept, if applicable

Review and handoff notes

- ☐ Date the sheet was last reviewed
- ☐ Recent clinic, hospital, urgent care, or specialist paperwork location
- ☐ Questions to ask the primary care team at the next visit
- ☐ Who can confirm updates when information changes

Important note

More free emergency sheets: YourEMR.net/free-emergency-face-sheet

Create a free emergency profile at YourEMR.net

QR opens YourEMR free resources, not a personal emergency profile.

