

Spouse Caregiver Emergency Information

Printable household handoff for spouses, partners, and backup helpers

Who this printable is for

For spouse or partner caregivers, backup caregivers, adult children, and trusted contacts.

Emergency information to organize

- ☐ Spouse or partner caregiver and backup caregiver contacts
- ☐ Medications, allergies, doctors, specialists, and pharmacy
- ☐ High-level conditions, daily support notes, and equipment notes
- ☐ Where care plans, records, labels, portals, and key information are kept
- ☐ Support notes without medical or medication administration instructions

Contacts and quick locations

Spouse/partner caregiver:

Backup caregiver:

Provider/pharmacy:

Key information kept at:

Handoff notes

Use this sheet to point another trusted helper to current information if the usual caregiver is unavailable. Keep notes factual and avoid care-plan interpretation or legal authority statements.

Update reminder

Review after caregiver, contact, medication, allergy, provider, pharmacy, equipment, supply, support-note, or document-location changes.

Privacy and safety note

Organization only. Not medical advice, legal advice, marital authority advice, or medication administration guidance. Does not replace 911, EMS, clinicians, records, labels, care plans, portals, or professional guidance.

More free emergency sheets: YourEMR.net/free-emergency-face-sheet

Create a free emergency profile at YourEMR.net

QR opens YourEMR free resources, not a personal emergency profile.

