

Workplace Emergency Information

Organize chosen emergency contacts, optional medication and allergy basics, support contacts, accessibility notes, and document locations.

Person and emergency contacts

Name / preferred name

Emergency contact 1

Emergency contact 2

Preferred support person

Family / trusted contact

Preferred contact order

Optional health contacts

Doctor / clinic if shared

Pharmacy if shared

Medical ID / wallet card location

Full emergency info location

Phone emergency contact location

Other private record location

Optional basics to share

☐ Medication list location

☐ Allergy list location

☐ Important condition notes

☐ Communication notes

☐ Mobility / sensory notes

Equipment / accessibility notes

Workplace handoff notes

Who can confirm details

What should stay private

Where personal copy is kept

Preferred support contact

Accessibility note location

Last updated by / date

Important note

Organization and preparedness only. Not medical, legal, HR, workplace policy, employment law, or accommodation advice. Does not replace 911, EMS, clinicians, medication labels, workplace policies, emergency action plans, or professional guidance.

More free emergency sheets: YourEMR.net/free-emergency-face-sheet

Create a free emergency profile at YourEMR.net

QR opens YourEMR free resources, not a personal emergency profile.

